

DR. WILLIAM BIXLER
CENTER FOR EMOTIONAL & SEXUAL HEALTH
140 IOWA LANE, SUITE 201
CARY, NC 27511
919-466-0770

CLIENT INTAKE FORM

Date ____/____/____ Referred by _____

Name _____

Birth Date ____/____/____ Age ____ Gender M F

Marital Status: Single__ Married__ Divorced__ Separated__ Cohabiting__

Address _____ City _____ Zip _____

Phone: Home _____ Cell _____ Work _____

Email address _____ Education _____

Occupation _____ Employer _____

Spouse's Name _____ Birth Date ____/____/____

Spouse's Employer _____

Names and ages of children _____

Marital History:

1st—Spouse's Name _____ Marriage Date ____/____/____

Divorce Date ____/____/____

2nd—Spouse's Name _____ Marriage Date ____/____/____

Divorce Date ____/____/____

3rd—Spouse's Name _____ Marriage Date ____/____/____

Divorce Date ____/____/____

Physician's Name _____ Phone _____

Psychiatrist's Name _____ Phone _____

Substance Use (Current or Past) _____

Frequency & amount used _____

Current Medical/Physical Problems & Symptoms _____

Current Medications & Dosages _____

Previous Mental Health Treatment (Including any hospitalizations):

Therapist's Names(s) _____

Dates of Service _____

Reasons for Seeking Previous Treatment _____

Family History of Mental/Emotional Illness: _____

Spiritual & Other Support Systems: Support Groups _____

Church/ house of worship _____ Clergy Name _____

How important is religious faith/spirituality in your life? Not very ___ Somewhat ___ Very ___

Please check any symptoms which currently apply to you:

Headaches ___

Impulsive behavior ___

Compulsions ___

Financial worries ___

Trembling ___

Panic, phobias ___

Sadness, depression ___

Restlessness ___

Eating concerns ___

Memory problems ___

Obsessive thoughts ___

Ideas of harming yourself ___

Hallucinations ___

Stomach problems ___

Trouble concentrating ___

Grief or loss ___

Feelings of hopelessness/

worthlessness ___

Aggression/ anger___

Anxiety___

Sexual issues___

Thoughts of harming others___

Isolating yourself___

Excess fatigue___

Disturbing thoughts___

Suicidal thoughts___

Distractibility___

Hyperactive thoughts/behavior___

Chronic worry___

Briefly describe reasons for seeking services:_____

Is there anything we did not ask that you feel is important to share?_____
